

# NEWBEAUTY

THE BEAUTY AUTHORITY

SUMMER-FALL 2018

Elle  
 MACPHERSON  
 at 54

THE  
 BEST  
 TIME  
 TO  
 LIVE



HOLLYWOOD'S FAVORITE  
**SECRET  
 SURGERY**

**RADIANT skin SHINY hair**

**INSIDE:**

+ The Newest Lunchtime Laser  
 Head-to-Toe Vampire Facials  
 Summer's Best New Serums  
 Amazing Makeovers

## THE SPF EDIT

Dermatologists and swimsuit designers may have different day jobs, but they both share a passion for sunscreen. Here, their favorites.

NEWBEAUTY  
**TOP  
 DOCTOR**  
 Turn to page 137 to  
 find one near you.



**Ingrid Warmuth, MD**  
 ELMER, NJ DERMATOLOGIST  
 @warmuthinstitute

"Neutrogena Clear Face is a go-to. It is oil-free, water-resistant for up to 80 minutes, won't cause breakouts, and offers broad-spectrum protection. I like the convenience of it and every corner drugstore sells it. Acne patients get great use of it as well because it is noncomedogenic."

**Ruth Hillelson, MD**  
 RICHMOND, VA PLASTIC SURGEON  
 @iridesseskincare

"My personal favorite sunscreen is **Physical Fusion by SkinCeuticals**. It gives me great protection and goes on smoothly."

**Kim Nichols, MD**  
 GREENWICH, CT DERMATOLOGIST  
 @nicholsmd\_dermatology

"EltaMD UV Aero Broad-Spectrum SPF 45. I both wear it and recommend it to patients!"

**Jeanine Downie, MD**  
 MONTCLAIR, NJ DERMATOLOGIST  
 @jeaninedownie

"**Total Defense + Repair by SkinMedica**. It is anti-UVA, anti-UVB AND anti-infrared. It rubs right in, even on my dark skin, and it doesn't leave a whitish or grayish residue. It is also oil-free and doesn't clog pores. I am crazy about this product because it also provides antioxidants and anti-aging ingredients, which decrease my fine lines and wrinkles. I use it on my face, my neck and the backs of my hands every single day. And then I reapply it. I love this product!"

**Vivian Bucay, MD**  
 SAN ANTONIO DERMATOLOGIST  
 @bucay\_dermatology

"**Forever Young Body Butter with Sea Buckthorn SPF 40 PA+++ by Supergoop!** I apply it to my body after showering. It's moisturizing, absorbs quickly and doesn't leave a white residue."

**Dendy Engelman, MD**  
 NEW YORK DERMATOLOGIST  
 @drdendy

"**Colorescience Sunforgettable** is a powder block that I love for providing broad-spectrum UV protection with micronized titanium dioxide particles. It is so great for reapplication throughout the day—especially over makeup where liquid sunscreens are less than ideal."