Vivian Bucay, MD, FAAD

San Antonio, Texas Boerne. Texas

ASK DR. BUCAY

HOW DO YOU EDUCATE PATIENTS?

I take time with each patient and build relationships. One-on-one consultations establish a trusting rapport, where patients can put their confidence in me. I also keep patients up to date on dermatology news and my practice via my Facebook page. (To learn more, find Dr. Bucay on Facebook.)

WHAT ADDITIONAL PROFESSIONAL **POSITIONS DO YOU HOLD?**

I'm a clinical assistant professor at The University of Texas Health Science Center at San Antonio and am heavily involved in continuing education initiatives focusing on injectables. I'm also a consultant and trainer for Allergan, Medicis, Sculptra Aesthetic, Radiesse and Ulthera.

WHAT NEW PROCEDURE ARE YOU **EXCITED TO OFFER?**

I'm excited about Ulthera®, a nonsurgical ultrasound device that is FDA approved for brow lifting. I am the first dermatologist in Central Texas to offer Ultherapy®, and I find that it complements other minimally invasive procedures such as Botox injections and fillers. Another way I complement cosmetic procedures is with Dermaceutic products, a line of professional chemical peels and at-home cosmeceuticals that are designed to either prep the skin before aesthetic treatment or maintain it after treatment.



1+1=3

"My goal is to make the most of a person's natural beauty while striving for balance and harmony between features," says Dr. Bucay, who particularly enjoys combining treatments in order to enhance outcomes. She relies on Botox® and Dysport® to minimize wrinkles, fillers like Restylane®, Perlane®, Radiesse®, and Sculptra® Aesthetic to replace volume and restore facial contours, and ultrasound treatments like Ulthera to lift and tighten. "When you treat one part of the face, it automatically affects other parts of the face, so a global perspective is very important." Dr. Bucay also encourages patients to start a skin-care regimen as early on as possible. "Even if the structure of the face hasn't started to show signs of aging, tired skin or acne can hinder aesthetic appeal. I personally try products before suggesting them so patients can rest assured that my recommendations are based on my own experiences. With the right products, the right doctor and the right combination of treatments, you can be on your way to beautiful skin in no time."





ULTIMATE ULTHERAPY

Frustrated by her "double chin," this 47-year-old patient looked to Dr. Bucay for a solution. "Excess skin beneath the chin can add years to the look of your face," Dr. Bucay says. With Ulthera, a nonsurgical skin-tightening treatment, Dr. Bucay was able to lift and tighten the patient's sagging skin, resulting in a more defined jawline and younger appearance.







TRIMMER TUMMY

This female patient expressed concerns of excess fat on her abdomen and love handles and turned to Dr. Bucay for help using a noninvasive procedure. Dr. Bucay performed CoolSculpting treatments on the patient's abdomen and love handles, both in the same day, and the results shown left are two months post-treatment.

"youth is a gift; age is an art"

MEET THE EXPERT

Vivian Bucay, MD, FAAD

American Board of Dermatology

SERVICES OFFERED

Aesthetic Injectables "Liquid Facelift"

Sculptra Aesthetic

Facial Rejuvenation

PellevéTM

Ulthera®

CoolSculpting® SmoothShapes® (for Cellulite)

Skin Rejuvenation

Chemical Peels

Cutera Excel V

Fraxel® re:pair

Fraxel® re:store Sclerotherapy

Laser Hair Removal

Skin Cancer Surgery

ABOUT DR. BUCAY

LOCATIONS

Boerne, Texas

San Antonio, Texas

WHAT EXTRA CREDENTIALS DO YOU BRING TO YOUR DERMATOLOGY PRACTICE?

As an art collector, I have an appreciation for the visual form and am more aesthetically inclined. I have also treated patients abroad, gaining an international perspective and additional insight into various skin conditions. Additionally, my exceptional staff, including Dr. Allison Sutton and licensed medical aesthetician Susan Luian, add a wealth of skill and truly enhance the patient experience.

HOW DO YOU RELATE TO YOUR PATIENTS?

I survived stage-four melanoma cancer and wrote a lot of articles on that; it reinforced my zest for life,

enabling me to relate better to patients. I am also bilingual in English and Spanish, which can be very beneficial for my patients, especially because we are located in a largely Spanish-speaking region.

HOW LONG HAVE YOU BEEN A DERMATOLOGIST? I've been practicing since 1991.

HOW WOULD YOU DESCRIBE YOUR OFFICE?

It's nicknamed La Casita and is over 100 years old. Because our office is inside of a house, within the historic district of Monte Vista, patients find it very charming, quaint and welcoming. We are also very proud to announce that we will be opening our second location in San Antonio this spring.



Baylor College of Medicine, Houston, Texas





