



Pre-Treatment Instructions for Pellevé

1. Remove makeup and wash facial area prior to treatment.
2. Botox or filler should be given post treatment or a minimum of 2 weeks prior to a Pellevé procedure.
3. For two weeks prior to Pellevé avoid treatments which may cause erythema (redness) or irritation (Obagi System treatments, Retin-A or products containing Isotretinoin, glycolic or salicylic acid).
4. The treatment area must be free of any open lesions or infections.
5. Avoid anti inflammatory medications the day of treatment. OTC: Advil, Motrin, (Ibuprofen), Aleve. By prescription: Celebrex, DayPro, Relafen. These medications may inhibit the desired inflammatory response.



Post-Treatment Instructions for Pellevé

Typically, you may return to your normal activities after Pellevé. You should follow the medical advice of your physician regarding the care of your skin.

1. Wash skin with tepid water and a gentle cleanser.
2. If the skin is slightly pink or red in areas following the treatment, avoid hot water when washing or showering until any pink has subsided.
3. Makeup (preferably mineral-based) may be applied immediately post treatment.
4. Soothing, non-irritating creams or moisturizers may be used.
5. Use a sun block with an SPF of 30 or greater if going out into the sun to help prevent future sun damage. This treatment does not cause photosensitivity.
6. Avoid anti-inflammatory drugs for 24 hours. OTC: Advil, Motrin, (Ibuprofen), Aleve.
By prescription: Celebrex, DayPro, Relafen.

Your practitioner will describe the nature and timing of skin improvement you may notice over time from Pellevé. If you have any further questions or concerns, contact your physician's office.