

Dr. Vivian Bucay

San Antonio, Texas

ASK DR. BUCAY

HOW DO YOU EDUCATE PATIENTS?

I take time with each patient and build relationships. One-on-one consultations establish a trusting rapport, where patients can put their confidence in me. I always listen to patients' concerns, and then translate their desires into treatment plans that will achieve their goals.

WHAT ADDITIONAL PROFESSIONAL POSITIONS DO YOU HOLD?

I'm a clinical assistant professor at The University of Texas Health Science Center at San Antonio and am heavily involved in continuing education initiatives focusing on injectables. In particular, I'm a consultant for Allergan, Aveeno, BioForm/Merz, and Medicis.

WHAT PRODUCTS ARE MUST-HAVES IN ANY GIVEN SKIN-CARE REGIMEN?

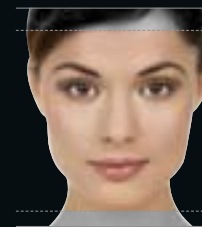
Sunblock, a topical antioxidant, and a retinoid—use these, and you'll be set.

WHAT ANTI-AGING ADVICE DO YOU THINK IS IMPORTANT FOR PATIENTS TO KNOW?

Enjoy life because stress can definitely show on your face. Appreciate the skin that you're in and be comfortable with yourself.

1+1=3

"A key goal in cosmetic procedures is to make the most of a person's natural beauty while striving for balance and harmony between features," says Dr. Bucay, who particularly enjoys combining treatments in order to enhance outcomes. She relies on Botox® and Dysport™ to minimize wrinkles and fillers like Restylane®, Perlane®, Radiesse®, and Sculptra® Aesthetic to replace volume and restore facial contours. "Any time that you treat one part of the face, it automatically affects other parts of the face, so a global perspective is very important." Dr. Bucay also encourages patients to start a skin-care regimen as early on as possible. "Even if the structure of the face hasn't started to show signs of aging, tired skin or acne can hinder aesthetic appeal. I always personally try products before suggesting them so patients can rest assured that my recommendations are based on my own experiences. With the right product, the right doctor and the right combination of treatments, you can be on your way to beautiful skin in no time."



CHEMICAL PEELS

HOW CAN I IMPROVE MY SKIN'S TONE?

In conjunction with a great skin-care regimen, chemical peels are a great way to improve the feel and appearance of your skin's surface. There are a number of peels from which to choose, as each targets different conditions. What's best for you will depend on your skin type—including acneic, dry or combination, to name a few. We offer a variety of skin peels to treat anything from acne to hyperpigmentation.

"youth is a gift; age is an art"

A PASSION FOR BEAUTY, HEALTH AND SKIN CARE LED DR. VIVIAN BUCAY TO ESTABLISH A BOUTIQUE-STYLE PRACTICE THAT CATERS TO AND PAMPERS PATIENTS. "MEDICINE IS THE OPPORTUNITY TO COMBINE MY LOVE OF SCIENCE WITH MY LOVE OF PEOPLE. I'M VERY HANDS ON AND ALSO HAVE A TENDENCY TO BE A DETECTIVE DURING CONSULTATIONS, WITH THE GOAL OF PROPERLY DIAGNOSING PATIENTS' CONDITIONS. I FIRMLY BELIEVE THAT THE SKIN IS AN INDICATOR OF WHAT'S HAPPENING INSIDE THE BODY," SAYS DR. BUCAY, STRESSING THAT HEALTH AND BEAUTY AREN'T MUTUALLY EXCLUSIVE. "YOU CAN'T ATTAIN BEAUTY WITHOUT A HEALTHY FOUNDATION, AND THE ROAD TO BEAUTY SHOULD NEVER COMPROMISE ONE'S HEALTH."

MEET THE EXPERT

Dr. Vivian Bucay

American Board of Dermatology

SERVICES OFFERED

General Dermatology
Laser Resurfacing
Skin Rejuvenation
Skin Cancer Surgery
Aesthetic Injectables
Sclerotherapy
(Vein Treatment)
Fraxel®
Facial Rejuvenation
Laser Hair Removal

ABOUT DR. BUCAY

WHAT EXTRA CREDENTIALS DO YOU BRING TO YOUR DERMATOLOGY PRACTICE?

As an art collector, I have an appreciation for the visual form and am more aesthetically inclined. I have also treated patients abroad, gaining an international perspective and additional insight into various skin conditions.

IN WHAT WAYS DO YOU RELATE TO YOUR PATIENTS?

I survived stage-four melanoma cancer and wrote a lot of articles on that; it reinforced my zest for life, enabling me to relate better to patients.

WHAT ALTERNATIVE CAREER WOULD YOU CHOOSE?

I'd own an art gallery or be an interior designer.

HOW LONG HAVE YOU BEEN A DERMATOLOGIST?

I've been practicing since 1991.


HOW WOULD YOU DESCRIBE YOUR OFFICE?

It's nicknamed La Casita and is over 100 years old. Because our office is inside of a house, within the historic district of Monte Vista in San Antonio, patients find it very charming, quaint and welcoming. It even has six fireplaces, further enhancing its boutique appeal.

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 To learn more about the practice visit
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